Second Term Home Assignment Worksheet-02 (Chapter-3, Lesson-2), Date: 14/07/2020 Class: VI, Subject: Physical Education & Health Subject Teacher: M A Jalil, Email: <u>majxbn@gmail.com</u>

Chapter-3: Introduction of Health Science and Health Service Lesson-2: Common communicable diseases

1. Question: What is infectious diseases?

Answer: Some diseases which are spread out through the infected persons, are called infectious diseases.

For example: Influenza, Whooping Cough, Diphtheria, Conjunctivitis, Measles etc.

2. Question: What is Contagious Diseases?

Answer: Some diseases which are spread out some objects also acts as carrier of through infected persons, are known as Contagious Diseases.

For example: Dysentery, Diarrhea, Hepatitis (Jaundice), Tuberculosis, Small pox, AIDS etc.

3. Question: What are the remedies of chicken pox?

Answer: The followings are the remedies of chicken pox:

a) Should not come in contact with the infected patients.

b) Should take preventive measures from the flies.

c) Patients are to be kept inside the mosquito net.

d) Incinerating the sputum, saliva and boils of the patients.

e) Patient should be kept in well lighted and ventilated room.

f) Flies must be driven away by spraying Phenyl.

g) Adequate facilities of treatment should be provided.

4. Question: What are the remedies of skin diseases?

Answer: The remedies of skin diseases are as follows:

- a) To maintain neatness and cleanliness of the body and clothes.
- b) To wash the used clothes daily with soap/soda/alkali mixed boiled water.
- c) Not to use the clothes of the infected person.
- d) To give proper treatment to the diseased person.

Now you will try to solve the answers of the following questions:

- Question 1: What will you do to remain healthy?
- **Question 2:** What is the part of our life?
- Question 3: What will protect us from diseases?
- **Question 4:** What are the diseases not contagious?
- **Question 5:** What are the diseases spread through comes in contact?
- Question 6: What are the diseases not transmitted from one person to another person?
- **Question 7:** What is called water borne diseases?
- **Question 8:** What is called air borne diseases?
- Question 9: What are the causes of Dengue and Malaria?
- Question 10: What is called insect bite disease?

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